

# *F*inally *S*ome *H*ope



*Jimmy Burrows is a 2009 Graduate of MHS. He was diagnosed earlier this year with a form of Muscular Dystrophy called FSH.*

**FSHD** is the third most common form of Muscular Dystrophy. The disease initially affects the muscles of the face (facio), shoulders (scapulo), and upper arms (humeral). Muscle degeneration also spreads to the back, pelvis and legs. About 20% of patients eventually require the use of a wheelchair.

FSHD is degenerative and progressive; muscles will continually weaken over time. NO treatment and NO cure.

*THAT is just not acceptable. A young mother in Massapequa founded the Long Island FSHD Foundation in 2009. The Burrows / Healy family have now joined in. There is HOPE.*

*LIFSHD is an independent, volunteer foundation providing funding to research scientists in the hope that a treatment and cure will be found. There is also a group of doctors at NYIT that have been working with Jimmy (whom they call patient number one) and other FSHD patients. They plan to provide a safe exercise/nutrition program that will help them keep the muscles they have and prevent further atrophy.*

*If you would like to find out more or make a donation to LIFSHD, please visit the website [www.LIFSHD.com](http://www.LIFSHD.com) or e-mail at [FSHDFoundation@gmail.com](mailto:FSHDFoundation@gmail.com)*

*100% of all money raised goes directly to the fund.*

*If you have any questions, suggestions or would like to volunteer, please feel free to contact Mrs. Liz Burrows at [lpburrows@aol.com](mailto:lpburrows@aol.com)*

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On **Saturday August 21, 2010**

Friends & Family of *Jimmy Burrows* will be having a fundraiser for LIFSHD at

## **MULCAHY'S**

**OPEN  
BAR**

3232 Railroad Avenue

Wantagh, NY 11793

(516) 783-7500

**FOOD**

**MUSIC**

**RAFFLES**

**From 4:00 to 8:00**

**Cost is \$60.00 per person**

(Tickets sold at the door will be \$65.00 per person)

**For ticket information please contact**

Mary Ellen Considine [TC200011762@yahoo.com](mailto:TC200011762@yahoo.com)

phone 516-795-2713

**Mary Ellen Considine**

**21 Monroe Street**

**Massapequa Park, NY 11762**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone #** \_\_\_\_\_

**# Attending** \_\_\_\_\_ **amt enclosed** \_\_\_\_\_

Please make checks payable to **LIFSHD**

Be sure to visit [www.LIFSHD.com](http://www.LIFSHD.com)